

# MILDMAY PRIMARY SCHOOL

Robin Way, Chelmsford, Essex CM2 8AU

Telephone: (01245) 250021  
Email: [admin@mildmayprimary.org](mailto:admin@mildmayprimary.org)  
Website: [www.mildmayprimary.org](http://www.mildmayprimary.org)

Headteacher: Mr D Mulholland



Dear Parent / Carer

## Year 4 River Walk – Thursday 1<sup>st</sup> October 2026

In year 4 this term, we will be looking at the topic of rivers. Whilst the majority of our work will be based in class, we feel that looking at real rivers in rural and urban settings will help to cement the children's knowledge for future retrieval. Therefore, we are planning a river walk on Thursday 1<sup>st</sup> October 2026. During this walk, the children will be able to follow the river's journey from the urban environment of town into the more rural environment of Central Park, witnessing local efforts to minimise erosion on the banks.

All children will need to bring a packed lunch, plenty to drink and a mid-morning snack, carried in a comfortable rucksack. If your child is entitled to free school meals and you would like them to have a school prepared packed lunch, please indicate on the slip below. Children will also need a plastic bag or something similar to sit on when eating. As there will be limited shelter, it is important that all children arrive in winter PE kit including tracksuit bottoms and jumpers. They can wear either trainers or walking boots and must have a raincoat.

We will be meeting in the Aldi Car Park by the Army and Navy roundabout and would like to have all children present by 9:15am. Staff will be present from 9.00am. This will avoid us needing to walk the children down from school negating the need for transport costs. We appreciate that many of the children have siblings in school or at nursery, so we have sent this information early to give you all a chance to organise logistics for the morning. If you know that meeting at Aldi is not possible, please speak to your child's teacher. From Aldi, we will be walking the children along the river, into town and out to Central Park, before returning to school. We will return in good time for the end of the school day, so all children can be collected as normal. If the weather looks to be unsuitable for this event to take place safely and effectively, we will let you know in good time before the day.

If you would be interested in volunteering to help on this trip, please let one of us know as soon as possible. Depending on numbers of volunteers offering their time and the number of staff we can take, we will get back to you as soon as possible if your help is required. In the meantime, please complete the slip below to give consent for your child to participate, and to agree to meeting us at Aldi.

Mrs Smith

Mr Wills

Mrs Escritt

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I give my child ..... class ..... permission to participate on the River Walk on Thursday 1<sup>st</sup> October 2026.

**I will meet the year 4 teachers at the Aldi Car Park between 9:00 am and 9:15 am.**

**Delete as appropriate:**

**I will provide my child with a packed lunch.**

**My child is entitled to a free school meal and they would like Tuna, Cheese or Ham. (Please circle choice)**

Medical conditions : .....

Medication: .....

Emergency contact number: .....

Signed: ..... Date: .....